

ABBA'S DELIGHT

Established April 2008 Daniel Mingo, Min. Director

An Exodus International Member Ministry

Ministry Newsletter January 2011

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A Referral Ministry of ROCK

THIS MONTH'S MEDITATION SCRIPTURE: *The lamp of the body is the eye; if therefore your eye is clear (healthy), your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is the darkness. Matt. 6:22,23 Unite my heart to fear Your name. Psalm 86:11b*

Watch Where You're Going!

This month marks the beginning of my 18th year since the Holy Spirit finally got my attention about leaving behind the homosexual behaviors and the secret sexually addictive life that I had been living for nearly 30 years at the time. I turned away from a whole string of ungodly behaviors and activities that were destroying my life, and by proximity, those around me. But as I'm sure you know, if you've ever tried to kick any addictive pattern in your life or even just a really bad habit, merely making the decision to change does not always guarantee that the behavior or habit will not rear its ugly head ever again. So, over the last 18 years as I have worked to be obedient to the Lord's will and surrender my grip on the desires and behaviors that would draw me back into the addictive cycle, the Lord has graciously granted me a measure of success in overcoming them.

But even with the degree of success achieved, I am still (and expect always will be) challenged to keep my eyes from going where they ought not to go. Most times I can choose what I see, and continue to look at. Sometimes I am confronted by ambush, with no active participation of my own, with a view of something that is spiritually unwise or unhealthy to take in. It is at that moment when I have a choice whether to embrace purity of thought or indulge in what is most assuredly a threat to my sexual purity.

As the first verses above say, my eye is the lamp of my body. Whatever comes into my being through my eyes will be either healthy or unhealthy. If I am choosing to lock onto an image that is ungodly or unhealthy for me, I am filling my being with darkness. Light and darkness cannot peacefully co-exist. Even when I am ambushed (notice I didn't say "if"), I have the choice of following the Light or embracing the darkness by deciding how long I will fix my gaze on whatever object or person it is.

I believe it always comes down to our choices in the final analysis. Will we choose darkness, impurity, ungodliness and sin, or will we choose Light, purity of thought and deed, godliness and righteousness? And our patterns of choices in the past and present will often influence how we choose in the future. My prayer must be that Father

would work in me in such a way that I am single-hearted towards Him rather than towards fulfilling the desires of the flesh, and single-minded towards obedience to His word rather than towards self-governing my life into various pits of destruction, all of which are designed to take me out.

Now, I am writing as one who has been rescued by a loving Father from the grip of His eternal enemy. And to some degree or another, each one of us fits into that category. So whether you are a man with an addictive nature or not, you are still a man with a God-given mandate to kill the flesh. And for **any** man, that is a challenge. And though men are generally more visually stimulated than women, our sisters also have the same challenge before them to put to death the flesh and be careful what, how and whom you watch. Therefore, let us choose at all times and in all ways our Father's will, that which will please Him and draw us towards His divine favor, so that as He looks on us, He sees the apple of His eye.

Exodus International Leaders Conference

I returned late this past week from three days in Orlando, FL., attending the ministry leaders' conference. It was an amazing time of relational connecting and re-connecting, worship, and teaching. Dr. Kathy Koch, the founder of Celebrate Kids, Inc., taught us for two days about Mind Styles, "God ordained strengths and characteristics." Understanding the different mind styles as researched by Anthony F. Gregorc, Ph.D, gives us insight into our own development and individuality, as well as helps us understand others who think differently than we do, and why; thereby providing a strong foundation on which to build relationships with one another.

Upcoming Ministry Meetings

Family & Friends Support Group: Tues February 1, 2011 and Tues February 15, 2011

Overcomers' Support Group: Thurs Feb 10, 2011 and Thurs February 24, 2011

Upcoming Ministry Events

Love Won Out Conferences—You may remember I reported a couple of years ago that Exodus International had received from Focus on the Family the mantle to carry sole leadership of these conferences. There are three of them scheduled so far this year. On February 19, 2011, there will be one in Phoenix. The second one, which will be a lot closer to home for most of you receiving our Newsletter, will be on April 30, 2011 in the Cincinnati, OH suburb of Mason. Finally, the third on September 10, 2011 will be in the Houston, TX area in Sugar Land. Each location will have an Equipping Event about a

month prior to the Conference. For more information, go to www.exodusinternational.org. I will include exact locations as I have them available.

Exodus International Annual Freedom Conference—Keeping true to the floating pattern of these conferences, this year's gathering will be in Ashville, NC at the Ridgecrest Retreat Center on June 8-11, 2011. Early registration discounts are available. Check out the details at www.exodusinternational.org.

Ongoing Prayer Requests

Our website creation is underway. Please pray that Father will give us His creativity and His heart as we place His ministry online for the world to see.

Please pray for the addition of a couple of new members to our Board of Directors. There are currently seven, including myself. I would like to maintain eight to ten members of the Board. Please ask Father to lead me to those whom He has selected.

Please pray Father will continue to bring new participants to Abba's Delight who are ready to be set free from the bondage of homosexuality and sexual addiction, and that their hearts will be prepared for the journey ahead, ready to share, listen and learn what Father has for their lives as overcomers. Please pray also for the Lord to bring us new members for the Family & Friends support group—those who have loved ones who have chosen to remain in the gay lifestyle or are gay-identified, that they would find love and support from others whose lives have been impacted by homosexuality.

Thank you for your continued prayer support.

Responses From You

Please let us hear from you. If something in our Newsletter has touched you in a way that you wish to share, please write and tell us. Please let us know that you are praying for us, or if the Lord has given you a word for the ministry, please tell us. Our email address is danielmingo.abbasdelight@insightbb.com.

Financial Support of Abba's Delight

I want to thank each and every one of you who contributed financially to Abba's Delight in 2010. You are truly a blessing. Please give prayerful consideration about becoming a monthly donor. No amount is too small. Your tax-deductible contribution will help ensure the continued work of this vital ministry setting the captives free from homosexuality and sexual addictions. Your gifts will be used toward funding education and resources used in the ministry.

If you do not wish to receive the Abba's Delight Ministry Newsletter any longer, please let me know. If you do wish to continue to receive it, please be certain to put our email address in your address book, so that this mailing does not go to your spam, and report to your carrier. Thank you.

Now unto Him who is able to keep you from stumbling, and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior, through Jesus Christ our Lord, be glory, majesty, dominion and authority, before all time and now and forever. Amen. Jude 24, 25