



PO Box 991752 Louisville, KY 40269 502-939-9269 daniel@abbasdelight.com www.abbasdelight.com

Est. Apr 2008

Daniel Mingo, Founder and Ministry Director

NEWSLETTER— October 2019



Hope For Wholeness Referral Ministry

He rescued me because He delighted in me. Ps 18:19b

THIS MONTH'S MEDITATION SCRIPTURE: *O my God, in You I trust, do not let me be ashamed; do not let my enemies exult over me. Psalm 25:2*

This article first appeared in the October 2008 newsletter. I have resurrected it again, as in the past few weeks numerous discussions I've been a part of have included conversations about guilt and shame. I am glad to repeat this most-important article this month.

Guilt Vs. Shame

In a recent support/recovery group meeting, the discussion turned to the concepts of guilt and shame, what the difference is and what effect(s) they have on the life of a follower of Jesus. At first, it may not seem there is much difference at all, but as we were talking, we realized that though the differences may not be numerous, they are certainly significant. As children of our Father, we have been given the promise of the Holy Spirit residing in us. It is He who enables us to see the distinction and recognize which of these two effects we face in our daily walk.

Shame is not from our heavenly Father. It is a direct attack from our enemy Satan against us as children of God. It tells us we are bad, we are worthless, we are no good. It tries to convince us we are unlovable both by other people and even by Father Himself. It seeks to drive a wedge in our relationship with God by isolating us from Him and other believers through loneliness. When we isolate ourselves, we relinquish the ability to know and be known, fearing that if someone knows who we really are or what we're really like, they would reject and condemn us. So, we take control of our own lives striving to be perfect Christians, making it difficult to find our way back home.

Guilt is much different. Paul tells us in Romans that our conscience bears witness of God's laws written on our hearts. This is a gift from Father in us to show us through the Holy Spirit when we have sinned or not. But rather than separating us further from God when we sin, we are drawn to Him as we become aware of our need for Him in those moments. We acknowledge our guilt, recognize our utter need for His control of our lives, and surrender ourselves to His forgiveness, mercy and grace in repentance. Guilt focuses on what we have done that is displeasing to Father, but leaves the relationship intact. He promises us in Romans 8:1, "There is therefore, now, no condemnation for those who are in Christ Jesus." He tells us

we are His beloved, our adoption sealed in the Holy Spirit's witness that we are His children. The Holy Spirit brings conviction of sin, not condemnation of us; conviction that draws us closer into Father's heart.

It seemed for us then in our group discussion that our bottom line is that guilt goes after what we have done and leads us back to Father, whereas shame attacks us as Father's wayward children and drives us further away from Him.

May we always have the discernment from the Holy Spirit to see clearly our way back when we have wandered from Father's path for us!

Responses From You

From a Christian brother: I'm excited to hear of the progress being made and especially in Orlando! Praise God for freedom followed by boldness and courage. May God continue to bless your work and the others mentioned in your article. Blessings!

From a dear brother in MN: Hi Daniel, I enjoy reading your newsletter. How exciting for Hope For Wholeness to have such a fine Director. What an exciting story of the two men who survived the mass shooting! it stirred my heart. I wish we could have had more time to chat when you were here in June. Blessings to you and your wife and your Ministry.

Upcoming Ministry Meetings

Overcomers Group: Thurs, Oct 31, 2019; Thurs, Nov 14, 2019; Thurs, Nov 28 NO MTG/TKSGVNG
Family & Friends: Tues, Nov 5 NO MTG/ELECTION; Tues, Nov 19, 2019

Upcoming Prayer Initiatives

1 Voice Prayer Movement: Friday, November 1, 2019; 6:00pm; Christ's Church for Our Community, 1226 Krupp Park Drive, Louisville, KY 40213

Louisville Prayer Breakfast: Wednesday, November 6, 2019; 7:00-8:30am; Ramada Inn, Zorn Ave at I-71, Salon D. Our speaker is Alfrieda Pritchard with Sisters for Life.

Ongoing Prayer Requests

- New participants for our Overcomers Group
- New members for our Family & Friends Group
- Ministry finances
- Open doors to churches so pastors and staff can be effectively equipped
- Opportunities to exhibit Abba's Delight ministry at outside conferences
- Those currently being served by Abba's Delight ministry that they would continue to grow closer to the Lord and fulfill each of their destinies in Him

- The Hope for Wholeness Network (of which Abba's Delight is a referral ministry) in selecting a new Executive Director
- 1 new female Director for Abba's Delight's Board. (If you or someone you know may be interested, please contact me).

If you do not wish to receive the Abba's Delight Ministry Newsletter any longer, please let me know. If you do wish to continue to receive it, please be certain to put our email address in your address book, so that this mailing does not go to your spam, and report to your carrier. Thank you.

Now unto Him who is able to keep you from stumbling and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior through Jesus Christ our Lord, be glory, majesty, dominion and authority before all time and now and forever. Amen. Jude 24-25