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NEWSLETTER—January 2023



Referral Ministry of  
Transformation Ministries Alliance

*He rescued me because He delighted in me. Ps 18:19b*

**THIS MONTH'S MEDITATION SCRIPTURE: *Your word is a lamp to my feet, and a light to my path. Psalm 119:105***

### **30 Years of Sexual Addiction Recovery**

The beginning of 2023 marks the completion of 30 years of recovery from sexual addiction for me. Some might wonder, "Aren't you healed yet?" In my life, my healing has occurred through a process. I am not one of the very few whom God touched in a miraculous way so that they went from homosexual desires to heterosexual desires instantly with nothing lingering in between. The biggest healing change in me that has taken place is that I am no longer **driven** to seek out men for sexual encounters as I had been for nearly thirty years. It is easy for me, though, to see that specific aspect of my healing journey as miraculous.

For the last 23 years, I have been involved in a 12-step recovery ministry. Early on, I recognized that a great dependence on the steps for me came secondary to a stronger reliance on the Scriptures for my healing, echoing Peter's words to Jesus in John 6:68 when he declared that Jesus alone has the words to eternal life. So, I began applying Scriptures to the steps. These have served me well and provided a secure foundation for spiritual growth and ongoing recovery.

Step 1: We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable. ***Romans 7:18,19 For I know that nothing good dwells in me, that is, in my flesh, for the wishing is present in me, but the doing of the good is not. For the good that I wish, I do not do; but I practice the very evil I do not wish.***

Step 2: Came to believe that a Power greater than ourselves could restore us to sanity. ***Hebrews 13:20,21 Now the God of peace, who brought up from the dead the great Shepherd of the sheep through the blood of the eternal covenant, even Jesus our Lord, equip you in every good thing to do His will, working in us that which is pleasing in His sight, through Jesus Christ, to whom be the glory forever and ever. Amen.***

Step 3: Made a decision to turn our wills and our lives over to the care of God. ***Romans 6:12-14 Therefore do not let sin reign in your mortal body that you should obey its lusts, and do not go on presenting the members of your body to sin as instruments of unrighteousness;***

***but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God. For sin shall not be master over you, for you are not under law, but under grace.***

Step 4: Made a searching and fearless moral inventory of ourselves. ***Hebrews 13:5 Test yourselves to see if you are in the faith; examine yourselves! Or do you not recognize this about yourselves, that Jesus Christ is in you—unless you fail the test? Psalm 139:23,24 Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way.***

Step 5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs. ***James 5:16 Confess your sins to one another, and pray for one another, so that you may be healed. The effective prayer of a righteous man can accomplish much.***

Step 6: Were entirely ready to have God remove all these defects of character. ***Job 5:6-9 For affliction does not come from the dust, neither does trouble sprout from the ground, for man is born for trouble, as sparks fly upward. But as for me I would seek God, and I would place my cause before God who does great and unsearchable things, wonders without number.***

Step 7: Humbly asked Him to remove our shortcomings. ***Psalm 32:5 I acknowledged my sin to You, and my iniquity I did not hide; I said, "I will confess my transgressions to the Lord"; and You forgave the guilt of my sin.***

Step 8: Made a list of all persons we had harmed, and became willing to make amends to them all. ***Romans 13:8 Owe nothing to anyone except to love one another; for he who loves his neighbor has fulfilled the law.***

Step 9: Made direct amends to such people whenever possible, except when to do so would injure them or others. ***Romans 12:17,18 Never pay back evil for evil to anyone. Take thought of what is right in the sight of all men. If possible, so far as it depends on you, be at peace with all men.***

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it. ***Lamentations 3:39,40 Why should any living mortal, or any man, offer complaint in view of his sins? Let us examine and probe our ways, and let us return to the Lord.***

Step 11: Sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out. ***Romans 12:2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove that the will of God is, that which is good and acceptable and perfect.***

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to others with addictions, and to practice these principles in all our affairs. ***2 Corinthians 1:3,4 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort; who comforts us in all our affliction so that we may be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.***

## [Responses From You](#)

From a dead local pastor: Powerful message my brother, enjoy your newsletters. Merry Christmas from Christ Center Ministries Ch.

From a brother in the eastern USA: Thank you.

From a sister across the world: Hi Daniel, this is such a touching newsletter. It sure is so important to have a Father's love. I didn't know my Father's love, as he was killed tragically in a car accident when I was 3 years old. He was knocked off his push-bike. That loss of a Father and the loss of a Father's affirmation impacted my life so much. And it was through no fault of either his or my mother's actions. But a stranger's error. But the damage it did to my heart growing up was unbelievable. So for me to be given a Heavenly Father's love and His Son for my sins, is astounding. Even though I had no earthly father growing up, I still crave a Father's acceptance and love. It is a great comfort that our Heavenly Father found and called me to Himself. Thank you once again for your total commitment to helping those healing hearts. Have a great Christmas.

## [Upcoming Ministry Meetings](#)

Overcomers Group: Thursday, February 2, 2023; Thursday, February 16, 2023

Family & Friends Group: Tuesday, February 2, 2023

## [Upcoming Conferences](#)

Christian Academy Schools Image of God Conference for Christian School teachers; Thurs/Fri, Feb 16&17, 2023 at Graceland Church in New Albany, IN. I will be exhibiting Abba's Delight ministry and teaching a workshop, "Beyond Surviving—From Overcome to Overcomer".

Transformation Ministries Alliance first annual conference: June 22-24, 2023 at The Ark Encounter in Williamstown, KY.

## [End of Year Giving](#)

Thank you to everyone who gave donations to Abba's Delight, responding to our year-end request. Your support is so much appreciated, and so helpful for us moving forward into 2023.

## [Ongoing Prayer Requests](#)

New Participants for Overcomers Group and new online lay-counselors • New members for our Family & Friends Group (especially wives) • Ministry Finances • Open doors to churches, so pastor and staff can be effectively equipped • Those currently being served by Abba's Delight ministry, both Overcomers and Family & Friends • Continued freedom to operate ministry in Kentucky • Possible return trip to Australia in 2023.

If you do not wish to receive the Abba's Delight Ministry Newsletter any longer, please let me know. If you do wish to continue to receive it, please be certain to put our email address in your address book, so that this mailing does not go to your spam, and report to your carrier. Thank you.

***Now unto Him who is able to keep you from stumbling and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior through Jesus Christ our Lord, be glory, majesty, dominion and authority before all time and now and forever. Amen. Jude 24-25***