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Daniel Mingo, Founder and Ministry Director

NEWSLETTER—July 2024

He rescued me because He delighted in me. Ps 18:19b

THIS MONTH'S MEDITATION SCRIPTURE: *On the other hand, discipline yourself for the purpose of godliness; for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. 1 Tim. 4:7b,8*

Spiritual Disciplines: Necessities for Maturity in Christ

“Just because I don’t pray every day or read my Bible every day doesn’t make me any less of a Christian.” I presented this statement to the Abba’s Delight Overcomers support group one night and asked them if it is a true or false a statement. We had some good discussion around this topic. It brought to the forefront of our time together the importance of Christian believers maintaining these vital spiritual disciplines in our lives. Prayer, Bible reading/study, individual/corporate worship, and fellowship we saw as the most common.

In this post-pandemic season, I continue to hear that in-person church attendance in most congregations has not recovered to what it was before COVID. Yes, there will always be those who are homebound and unable to attend services in person, but they are a minority of those who are remaining at home. Because of the changes in work schedules and realizing many jobs could be done from home, there are those whose prayer and Bible devotions have suffered or all but disappeared; good habits getting lost in the new normal.

There are several Biblical reminders in addition to the one above, that encourage us to stay current with our disciplines for our own spiritual growth and well-being. Jeremiah 15:16 tells us about the importance of God’s word, “Your words were found and ate them, and Your words became a joy to me and the delight of my heart; For I have been called by Your name, Lord God of hosts.” And again, “But Jesus answered and said, “It is written: ‘Man shall not live on bread alone, but on every word that comes out of the mouth of God.’”” Matt. 4:4. The writer of Hebrews speaks of the assembling of believers when he writes, “...and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.” Heb. 10:24,25. And in Acts 2:46,47, Luke describes the early church’s activities combining corporate worship and fellowship, “And day by day continuing with one mind in the temple, and breaking bread from house to house, they were taking their meals

together with gladness and sincerity of heart, praising God, and having favor with all the people. And the Lord was adding to their number day by day those who were being saved.” Paul instructs the Church in Corinth about their corporate gatherings in 1 Cor. 14:26, “What is the outcome then, brethren? When you assemble, each one has a psalm, has a teaching, has a revelation, has a tongue, has an interpretation. Let all things be done for edification.” And again, Paul encourages the Philippian Church regarding prayers, “Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Phil 4:6.

There are so many more passages that I could cite, but I’ll leave these to sink in. These disciplines truly are vital to our spiritual health and growth. Everyone has the ability to sow into their relationships with the Father, Son, and the Holy Spirit, as well as with other saints. If you’ve not returned to your congregation in person, might this be the time? If you’ve allowed your time in the Word and prayer to slip away, there is no time like the present to start again. Isolation is the enemy of fellowship, so call that brother or sister and grab some lunch.

Responses From You

From a dear ministry warrior down under: Thanks Daniel. It is brave and transparent people like you who are able to help so many others by telling such stories. Not everyone feels they are able to open up like this, but when they do, it has a healing process of its own. By sharing, it helps others to take courage and perhaps at least even tell their hidden secrets with someone. Secrets can keep people in emotional prisons and sharing them can dissipate the power of the devil who loves to keep people bound.

From my best brother in church: A powerful testimony of God’s grace and redemption. There is no one so “far” from Him that He cannot touch and heal. Thanks for sharing!

From a sister across the globe: Hi Daniel, wow, thank you for what you wrote. More so the end, where you proclaim that you are no longer subjected and bound by these former events. That is so powerful. That our God is a God of restoration and healing. Though it takes many years, it is very real and impacting, to be set free. Regards.

Upcoming Ministry Meetings

Overcomers Group: Thurs, August 1, 2024; Thurs, August 15, 2024; Thurs, August 29, 2024

Family & Friends Group: Tuesday, August 27, 2024

Ministry Events

Shelby Christian Church: Guy Hammond of Strength in Weakness Ministries. Aug 22-25, 2024
2375 Frankfort Rd, Shelbyville, KY. Daniel will be exhibiting Abba’s Delight ministry.

Rainbow Revival Freedom March: Chicago, IL October 18-20, 2024

Friday 18th, 7:00pm Freedom Rally Night, Near West Vineyard Church, 1443 W Roosevelt Rd
Chicago, 60608

Saturday 19th, 1:00pm Freedom March, Lincoln Park, 72 W LaSalle Dr., Chicago, IL 60614

Sunday, 20th, 10:00am Sunday Service, Maranatha Church, 4301 W Diversey Ave, Chicago, IL
60639

Ongoing Prayer Requests

New Participants for Overcomers Group and new online lay-counselors • New members for our Family & Friends Group (especially wives) • Ministry Finances • Open doors to churches, so pastor and staff can be effectively equipped • Those currently being served by Abba's Delight ministry, both Overcomers and Family & Friends • Continued freedom to operate ministry in KY. Continued speaking engagements.

If you do not wish to receive the Abba's Delight Ministry Newsletter any longer, please let me know. If you do wish to continue to receive it, please be certain to put our email address in your address book, so that this mailing does not go to your spam, and report to your carrier. Thank you.

Now unto Him who is able to keep you from stumbling and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior through Jesus Christ our Lord, be glory, majesty, dominion and authority before all time and now and forever. Amen. Jude 24-25