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Daniel Mingo, Founder and Ministry Director

NEWSLETTER - March 2026

He rescued me because He delighted in me. Ps 18:19b

THIS MONTH'S MEDITATION SCRIPTURE: *...And He Himself bore our sins in His body on the cross, that we might die to sin and live to righteousness; for by His wounds you were healed. 1 Peter 2:24*

You've Already Won!

Earlier this week my urologist told me that I have Stage 3 prostate cancer. At nearly 74, I thought I'd beaten the odds. My PSA levels had risen above the normal range by a couple of points. My doctor believed that was due to the testosterone I was taking daily for the last six years. So, when my levels went above the 0-4 normal range, and up to nearly 6, an MRI was done. The MRI showed a lesion on the tip of my prostate with 3-5 spots showing a 37% likelihood of significant prostate cancer. A biopsy was done, revealing I was in the Grade 4 grouping, which is labeled High Risk. My Gleason score was 8, which is the high-risk category. I was thinking it meant high risk for spreading, but in reality it means high risk for recurrence. A PET scan was given to see if the cancer has spread anywhere else in my body. It has not! All of it is contained within my prostate.

The two treatment options offered by the medical community are radiation treatment or removal of the prostate. Both come with significant aftereffects, some of which are temporary, some long-term, and some can be for life. Originally, I had no peace about either of these options and decided to look outside the mainstream medical community for other viable treatment options. This coming week Fran and I will be visiting a nurse practitioner who reportedly has had much success with alternative treatment of prostate cancer. Last week when my doctor told us in a telehealth video call of this news, he said he wanted a decision back from me within a week. The day we meet with the nurse practitioner is the day my doctor wants a decision. I will not be providing that to him until Fran and I have an agreed upon choice. I may be able to choose a combination of traditional and alternative approaches, rather than just one. So, there is still much to be prayed about and considered.

When we first got the news that the doctor was certain it is cancer, I was all over the place emotionally, already entering the grieving process. Not for my life ending, which doesn't seem likely at all, but for the loss of comfort, activities we're used to both personally and in ministry. I've already had to cancel attending a conference exhibiting Abba's Delight ministry and a speaking engagement at a church in Georgia, because of the recovery time for whichever treatment option(s) we choose.

Spiritually, I've been seeking the Lord's peace. I've begun declaring daily Scripture verses I've pulled together about the Lord's healing; and I've pulled out from old notes two pages of Scriptures about trusting in the Lord, declaring them daily as well. Additionally, I came across a song by way of a

worship time at a Nazarene church during their revival services the day after the doctor told me about the cancer diagnosis. It's by Shane & Shane called "You've Already Won!" It hit me powerfully the first time I heard it, and I've been listening/singing to it pretty much daily ever since. Here's the link if you want to check it out.

https://www.youtube.com/watch?v=sJOghIVl3Mc&list=RDsJOghIVl3Mc&start_radio=1

The words to the chorus are particularly impactful for me: "I'm fighting a battle that You've already won. No matter what comes my way I will overcome. I don't know what You're doing, but I know what You've done. I'm fighting a battle that You've already won."

In struggling with this diagnosis, I've been as honest as I know how to be with the Lord. I have faith, and know, He can heal me. I've seen Him heal others of cancer and other challenging diagnoses. There is no doubt in my mind that He is able to heal me physically. My challenge here is to trust that He will work this physical healing in me. The fact is, whether He heals my physical body or not on this side of eternity, He is still God, the loving Father who created me. With Jesus' broken body and shed blood, I am His. It is His choice how I live out the rest of my days. My lot is to testify to His salvation, His goodness, His grace, His mercy, and His everlasting love as long as He gives me breath.

The next morning after we received the diagnosis, Fran sensed from the Lord to pray Psalm 91 over me. These verses were especially resonating with her: "You will not be afraid of the terror by night, or of the arrow that flies by day; of the pestilence that stalks in darkness, or of the destruction that lays waste at noon. A thousand may fall at your side, and ten thousand at your right hand; but it shall not approach you...No evil will befall you, nor will any plague come near your tent...You will tread upon the lion and the cobra, the young lion and the serpent you will trample down...He will call upon Me and I will answer him; I will be with him in trouble; I will rescue him and honor him. With a long life I will satisfy him, and let him behold My salvation."

One of my daily declarations is from one that my pastor, Ted Sandquist, has written. It goes, "God is my salvation. Of whom shall I be afraid? When evil assails me, when I am surrounded, I will find my life in the Lord. It is written, 'For He will give His angels charge over you to guard you in all your ways. On their wings they will bear you up lest you fall or dash your foot on a stone. The Lord will never leave you alone.' He surrounds me with songs of deliverance. He covers me in the shadow of His wings. He has numbered my days and my life is in His hands. He knows the time and the manner of my death as well as the graces He will give to me for my transition from this physical life into the heavenlies, the courts of my King. He will take me through death into resurrection, through the judgment to the marriage supper of the Lamb and into the new creation. Indeed, it is already true that I have passed from death into life where old things are passing away and all things are becoming new; so, I shall surely live with Him in the new heavens and the new earth where righteousness dwells."

Please pray with us as Fran and I move forward onto this latest path the Lord has put before us. Please pray for wisdom and understanding to make His choices for us. Please pray for any doctors, surgeons, oncologists, medical teams, nurse practitioners, treatment decisions, our physical, spiritual and emotional well-being and that we stay well-connected to the Lord, our natural families, and our church family. Please pray for the Lord's deliverance, His new mercies every morning, and His abundance of graces along the way.

Going forward, I will be posting updates on my Facebook page as we have them. Or you can send me an email to see how things are progressing if you've not heard. Most of all, we need your love and support, for which I thank you most sincerely ahead of time. Love from Louisville.

[Responses From You](#)

There were no responses to last month's article "Spiritual Gifts: What Are Yours, And Are You Using Them?"

[Upcoming Ministry Meetings](#)

Overcomers Group: Thursday, March 26, 2024; Thursday, April 9, 2026; Thursday, April 23, 2026

[Ongoing Prayer Requests](#)

New Participants for Overcomers Group and new online lay-counselors

Ministry Finances

Open doors to churches, so pastor and staff can be effectively equipped

Those currently being served by Abba's Delight ministry's Overcomers group and online lay-counselors

Continued freedom to operate ministry in KY

Continued speaking engagements

New participants so we can reinstall our Family & Friends Group

Daniel and Fran for his cancer journey

If you do not wish to receive the Abba's Delight Ministry Newsletter any longer, please let me know. If you do wish to continue to receive it, please be certain to put our email address in your address book, so that this mailing does not go to your spam, and report to your carrier. Thank you.

Now unto Him who is able to keep you from stumbling and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior through Jesus Christ our Lord, be glory, majesty, dominion and authority before all time and now and forever. Amen. Jude 24-25